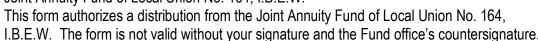
DISTRIBUTION FORM

Joint Annuity Fund of Local Union No. 164, I.B.E.W.







	L.VV. THE IOTH IS HOL VAIIA WILLIOUL YOU	Signature and	Title Tulia office 3 cou	Titersignature.		
1	PARTICIPANT INFORMATION (Please	se print clearly	<i>y</i>)			
	SOCIAL SECURITY NUMBER	DATE OF	BIRTH			
	LAST NAME	FIRST NAME				
	STREET	APT #		L.U. NUMBER		
	CITY PHONE NO. () -	STATE MARITA	ZIP CODE L STATUS □ SINGLE	CARD NUMBER		DIVORCED
If re	NON-ACTIVE PARTICIPANT (Date of questing direct rollover complete section 5 below (20) lump sum (if balance is less than \$3,500) (21) monthly increments of \$3,500.Limited to 10 OR (20) a one-time annual payment (\$25,000 if you annuity - If interested, contact the Fund Office for e not had contributions submitted on my behalf not earned in any other jurisdiction of the I.B.E.V u do not elect a "direct rollover" of the eligible ronst any federal income taxes you owe.	w. single OR years ur account balance or details. during the prece N. that could have	ce is \$100,000 or more; 25 eding three calendar month e been transferred to LU#1	s. (By checking either box you a 64 under the National Reciproc	are confirmino cal Agreemen	g that contributions
	PENSION PARTICIPANTS Date of Retirement: I have attained age 59 ½ and I have retired from have attained age 70 ½ and I am required to tal My spouse's date of birth is: have not attained age 59 ½ but I am presently other proof of disability status). I have not attained age 59 ½ but I am presently indicate the date this benefit became effective: I have attained the age of 70 ½. I am requestin will be taken unless a higher amount is requested.	ke a minimum dis Mandato completely and to receiving an Ear g an amount in a	stribution no later than Apri ory federal withholding of 10 otally disabled. (Please at rly Pension benefit from the _). addition to my required ag	I 1st of the following year. 3% will be taken unless higher a cach a copy of your Social Secundary 2 Joint Pension Fund of Local University 6 70 ½ distribution. Mandatory	amount reque irity Disability Inion #164, I.B	ested:% Award and/or B.E.W. (Please
	th to withdraw the funds as follows: (20) lump sum payment of the total account (if compared to the total a	(cann (if direct rollover, le rollover amoun we. In the form of an a usband and Wife spousal consent	not exceed the lesser of 20 complete section 5) int, the benefit will be paid durinuity: Annuity a straight life a prior to receiving your dist	irectly to you and 20% of the ar	l your distribu	tion is paid in the

WIDOWS, BENEFICIARIES AND ALTERNATE PAYEES						
If you are a surviving spouse, beneficiary, or a former spouse who is an alternate payee under a "qualified domestic relations order", and if any part of your distribution is an "eligible rollover distribution" (as described in the "Special Tax Notice Regarding Plan payments"), you may elect a tax-free "direct rollover" of that amount to an IRA or another employer plan. If you do not elect a "direct rollover" of the eligible rollover amount, the benefit will be paid directly to you and 20% of the amount will be withheld and credited against any federal income taxes you owe. Beneficiaries receiving a lump sum payment must be paid within the years.						
(Please indicate your relationship to the Participant:Certificate).	(Also, please attach a copy of the Death					
lump sum payment of the total acct.						
monthly payment of \$ (cannot exceed the lesser of 20 years or life expectancy	y)					
single payment of \$(if direct rollover, complete section 5)						
straight life annuity (for single Widow or Beneficiary. Not available for Alternate Payee).						
Direct Rollover to an IRA or Roth IRA If you have an IRA or Roth IRA and you want your distribution check payable to that IRA or Roth IRA truste (Distributions will not be paid to more than one institution.) I hereby represent that the IRA or Roth IRA nar Internal Revenue Code and (2) has agreed to accept my direct rollover. If you have elected a direct rollove withholding will be made. Note: if you are rolling to a Roth IRA, consult with your Advisor. Income restrict Name and address of IRA institution: Amage: Company Italian Itali	med below (1) is qualified under Section 408 of the er to an IRA, Roth IRA or another plan, then no ions apply prior to January 1, 2010.					
ccount Number:						
Person to contact institution: Telephone # ()						
ou must have a confirmation or other written identification of your IRA. Please attach a copy of it to this for	m.					
Option B Direct Rollover to Another Qualified Plan If a qualified retirement plan sponsored by another employer or Local has agreed to accept a direct rollov check payable to the new trustee of that plan as a direct rollover, complete the following. I hereby repressection 401(a), 403(b), or government 457 of the Internal Revenue Code and (2) has agreed to accept my an IRA, Roth IRA or another plan, then no withholding will be made.	sent that the plan named below (1) is qualified under					

Name and address of employer or Local:

Person to contact at institution: ______ Telephone # (____)

You must have a written statement from the plan confirming that it is qualified or that it has agreed to accept your direct rollover. Please attach a copy of that

Name and address of trustee (this must be provided):

statement to this form.

6 ANNUITY WAIVER AS A FORM OF DISTRIBUTION (TO BE COMPLETED BY ALL PARTICIPANTS)

PARTICIPANT SIGNATURE

Authorized Signature

<u>Unmarried Participants</u>: I have received the Annuity Notice and the Special Tax Notice and I understand that (1) normally my benefits under the Plan will be paid to me in the form of a single life annuity, (2) I have the right to waive that form of payment; (3) I understand the terms of a single life annuity and the financial effect of a waiver; (4) I will not receive a distribution prior to the expiration of 30 days unless I waive the 30-day waiting period; and (5) I may revoke any waiver in effect at any time before benefit payments begin.

 I hereby elect to waive the single life annuity form of payment. I hereby elect to waive the 30-day notice period requirements. 	
Signature of Participant:	Date:
paid to me in the form of a 50% husband and wife annuity, (2) I have waiver; (3) I understand the terms of a 50% husband and wife annuity	pecial Tax Notice and I understand that: (1) normally my benefits under the Plan will be the right to waive that form of payment, provided that my spouse consents in writing to the y and the financial effect of a waiver; (4) I will not receive a distribution prior to the 5) I may revoke any waiver in effect at any time before benefit payments begin. "Spousal
I hereby elect to waive the 50% Husband and Wife annuity form	of payment.
 I hereby elect to waive the 30-day notice period requirements. 	
Signature of Participant:	Date:
7 PARTICIPANT'S SIGNATURE	
I have received and read the Special Tax Notice and understand that the 30-day period. If you are married, "Spousal Consent to Waiver	I have at least 30 days to decide whether or not to elect a direct rollover. I hereby waive "must be completed (see below #8).
Signature of Participant:	Date:
DIRECT DEPOSITIS AVAILABLE FOR INSTALLMENT PAYMENTS	S. SEE FUND OFFICE FOR SEPARATE AUTHORIZATION FORM.
forfeit benefits I might otherwise receive upon my spouse's deat	e form indicated above. I understand that (1) the effect of my consent will be to h (unless I am the Beneficiary under an alternative option) or to forfeit the right to onsent to it; and (3) my consent is irrevocable unless my spouse revokes this waiver is order.
Signature of Spouse	Date
Witnessed by:	Subscribed and sworn to before me:
NOTARY PUBLIC	Date
My commission expires:	-
Please return this form to: Joint Boards of Local Union No. 164,	, c/o Fabian & Byrn, LLC, 425 Eagle Rock Avenue, Ste. 105, Roseland, NJ 07068

Date